

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 11/20/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS THURSDAY 11/21/2019
LBH '20	MARCH 2020 LUMBER	FLAT			404.1000			March 2020 Lumber has formed a 3-column swing lower case h to the down side at 408.00 the down side price target for March 2020 Lumber is at 394.00 Sell short 1 contract of March 2020 Lumber at 410.00 If filled, place protective stops at 415.00
OJH '20	MARCH 2020 ORANGE JUICE	FLAT			102.0000			March 2020 Orange Juice prices must remain above 100.00 or prices will turn bearish. Wait for the next signal.
ZCZ '19	DECEMBER 2019 CORN	FLAT			3.6675			Wait for the next signal.
ZSH '20	MARCH 2020 SOY BEANS	FLAT			9.1900			Wait for the next signal.
ZOZ '19	DECEMBER 2019 OATS	LONG	1 at 3.04	487.50	3.1375			Place protective stops for December 2019 Oats at 3.09
ZFZ '19	DECEMBER 2019 5-YEAR T-NOTE	LONG	1 at 118.23	162.50	118.282			The P & F swing charts were buyers of 1 contract of the December 2019 5-Year T-Note at 118.23 Place protective stops for the December 2019 5-Year T-Note at 118.07
YGJ '19	APRIL 2020 MINI GOLD	FLAT			1486.5000			Wait for the next signal.
SBH '20	MARCH 2020 SUGAR	FLAT			12.7500			Wait for the next signal.
QMH '20	MARCH 2020 E-MINI CRUDE OIL	FLAT			56.5750			The P & F swing charts has moved the December 2019 E-Mini Crude Oil contract, ticker symbol <u>QMZ '19</u> to the March 2020 E-Mini Crude Oil, ticker symbol <u>QMH '20</u> Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT			109.7000			Wait for the next signal.

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	11,749 *
Current Open Trade Equity	650 *
YTD Net Profit/Loss	12,399
Total Ending Balance	52,399
<b>Previous Day's Performance</b>	
Beginning Balance	51,874
Daily Realized Profit/Loss	0
Change in Open Trade Equity	525
Daily Net Profit/Loss	525
Ending Balance	52,399 *

650.00	0.00
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YTD	YTD
Actual	
31.0%	

PREV DAY	YTD
ROR	
1.01%	

\*\* If close is too close to call on an "ENTRY" do not take the trade.

\*\* If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

\* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.