

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 09/10/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS WEDNESDAY 09/11/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			372.0000			November 2019 Lumber prices surged. Price support levels for November 2019 Lumber are at 353.00 to 355.00 Wait for the next signal.
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			103.8500			Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	FLAT	3.7000		3.6150	3.6100	450.00	The P & F swing charts was stopped out of December 2019 Corn at 3.61 Wait for the next signal.
ZSX '19	NOVEMBER 2019 SOY BEANS	FLAT			8.7200			Wait for the next signal.
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.7450			Buy 1 contract of December 2019 Oats at 2.70 If filled, place protective stops for December 2019 Oats at 2.62
ZFZ '19	DECEMBER 2019 5-YEAR T-NOTE	FLAT			118.310			Wait for the next signal.
YGZ '19	DECEMBER 2019 MINI GOLD	FLAT			1499.2000			Wait for the next signal.
SBV '19	OCTOBER 2019 SUGAR	SHORT	1 at 11.40	582.40	10.8800			Place protective stops for October 2019 Sugar at 11.31
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			57.0000			Buy 1 contract of the December 2019 E-Mini Crude Oil at 55.50 If filled, place protective stops for the December 2019 E-Mini Crude Oil at 54.49
KCZ '19	DECEMBER 2019 COFFEE	FLAT			101.6000			Buy 1 contract of December 2019 Coffee at 97.00 If filled, place protective stops for December Coffee at 95.99

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	15,671 *
Current Open Trade Equity	582 *
YTD Net Profit/Loss	16,253
Total Ending Balance	56,253
Previous Day's Performance	
Beginning Balance	57,545
Daily Realized Profit/Loss	450
Change in Open Trade Equity	(743)
Daily Net Profit/Loss	(293)
Ending Balance	57,252 *

582.40		
450.00		
YTD		YTD
Actual		
40.6%		
PREV DAY		YTD
ROR		
-0.51%		

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.