

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 08/23/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS MONDAY 08/26/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			355.2000			Sell short 1 contract of November 2019 Lumber at 360.00 If filled, place protective stops for November 2019 Lumber at 370.50
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			98.3000			Price support levels for November 2019 Orange Juice is at 97.00 Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	FLAT			3.6775			Sell short 1 contract of December 2019 Corn at 3.70 If filled, place protective stops for December 2019 Corn at 3.77
ZSX '19	NOVEMBER 2019 SOY BEANS	FLAT			8.5650			Sell short 1 contract of November 2019 Soy Beans at 8.68 If filled, place protective stops for November 2019 Soy Beans at 8.77
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.6700			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	LONG	1 at 119.04	328.12	119.145			Place protective stops for the September 2019 5-Year T-Note at 118.23
YJZ '19	DECEMBER 2019 MINI GOLD	FLAT	1 at 1515.00		1537.6000	1524.5000	-305.42	The P & F swing charts were short sellers of 1 contract of December 2019 Mini Gold at 1515.00 but was stopped out of December 2019 Mini Gold at 1524.50 Wait for the next signal.
SBV '19	OCTOBER 2019 SUGAR	FLAT	2 at 12.295	1848.00	11.4700			Place protective stops for October 2019 Sugar at 11.66
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			53.7500			Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT			96.0500			The down side price target for December 2019 Coffee remains at 91.00 Sell short 1 contract of December 2019 Coffee at 100.00 If filled, place protective stops for December 2019 Coffee at 102.75

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	14,768 *
Current Open Trade Equity	2,176 *
YTD Net Profit/Loss	16,944
Total Ending Balance	56,944
Previous Day's Performance	
Beginning Balance	56,616
Daily Realized Profit/Loss	(305)
Change in Open Trade Equity	631
Daily Net Profit/Loss	326
Ending Balance	56,942 *

	2,176.12	
		-305.42
YTD		YTD
Actual		
	42.4%	
PREV DAY		YTD
ROR		
	0.58%	

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.