

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 08/21/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS THURSDAY 08/22/2019
ZNU '19	SEPTEMBER 2019 10-YEAR T-NOTE	FLAT			130.1700			Wait for the next signal.
ZBU '19	SEPTEMBER 2019 30-YEAR T-BOND	LONG	1 at 163.24		164.2600	164.0800	500.00	The P & F swing charts was stopped out of the September 2019 30-Year T-Bond at 164.08 Wait for the next signal.
DXU '19	SEPTEMBER 2019 DOLLAR INDEX	FLAT			98.1790			Buy 1 contract of the September 2019 Dollar Index at 97.40 If filled, place protective stops for the September 2019 Dollar Index at 97.11
CCZ '19	DECEMBER 2019 COCOA	FLAT			2207.0000			December 2019 Cocoa is extremely over sold. December 2019 Cocoa prices are attempting to reverse. A price reversal to the upside for December 2019 Cocoa begins at 2240.00 Wait for the next signal.
QGV '19	OCT. 2019 E-MINI NATURAL GAS	LONG	1 at 2.1700	12.50	2.1750			Place protective stops for the October 2019 E-Mini Natural Gas at 2.0990
YIZ '19	DECEMBER 2019 MINI SILVER	FLAT			17.290			Wait for the next signal.
6AU '19	SEPTEMBER 2019 AUSTRALIAN DOLLAR	FLAT			0.6786			Wait for the next signal.
E7U '19	SEPTEMBER 2019 E-Mini EURO FX	FLAT			1.1108			Price support levels for the September 2019 E-Mini Euro FX is at 1.1120 Wait for the next signal.
ZWZ '19	DECEMBER 2019 WHEAT	SHORT	1 at 5.04	1800.00	4.6800			Place protective stops for December 2019 Wheat at 4.71
CTZ '19	DECEMBER 2019 COTTON	FLAT			59.9400			December 2019 Cotton has formed a 3-column swing reverse h to the upside at 60.00 The upside price target for December 2019 Cotton is at 62.80 Buy 1 contract of December 2019 Cotton at 59.20 If filled, place protective stops for December 2019 Cotton at 58.79

2019 Beginning Balance*	40,000	1,812.50	500.00
YTD Realized Profit/Loss	(869)		
Current Open Trade Equity	1,813		
YTD Net Profit/Loss	944		
Total Ending Balance	40,944	2.4%	
<b>Previous Day's Performance</b>			
Beginning Balance	41,884		
Daily Realized Profit/Loss	500		
Change in Open Trade Equity	(1,438)		
Daily Net Profit/Loss	(938)		
Ending Balance	40,947		

YTD		
Actual		
2.4%		

PREV DAY		YTD
ROR		
-2.24%		

\*\* If close is too close to call on an "ENTRY" do not take the trade.

\*\* If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

\* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.