

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 08/21/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS THURSDAY 08/22/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			366.0000			November 2019 Lumber is in a 4-column swing holding pattern. An upside breakout will occur if prices move above 372.00 and a down side breakout will occur if prices move below 356.00 Wait for the next signal.
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			100.4500			Price support levels for November 2019 Orange Juice is at 97.00 Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	FLAT			3.7025			December 2019 Corn has formed a 3-column swing lower case h to the down side at 3.70 The down side price target for December 2019 Corn is at 3.56 Sell short 1 contract of December 2019 Corn at 3.77 If filled, place protective stops for December 2019 Corn at 3.8250
ZSX '19	NOVEMBER 2019 SOY BEANS	SHORT	1 at 8.90	850.00	8.7300			Place protective stops for November 2019 Soy Beans at 8.81
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.7025			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	LONG	1 at 119.04	78.12	119.065			Place protective stops for the September 2019 5-Year T-Note at 118.23
YGZ '19	DECEMBER 2019 MINI GOLD	FLAT			1515.7000			Wait for the next signal.
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.295	2027.20	11.3900			Place protective stops for October 2019 Sugar at 11.66
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			55.1750			If December 2019 E-Mini Crude Oil prices reach 56.50 it will have formed a 3-column swing reverse h to the upside with an upside price target of 60.00 If December 2019 E-Mini Crude Oil prices retouch 56.50 then buy 1 contract of December 2019 E-Mini Crude Oil at 54.25 If filled, place protective stops for December 2019 E-Mini Crude Oil at 53.49
KCZ '19	DECEMBER 2019 COFFEE	FLAT			96.6500			The down side price target for December 2019 Coffee remains at 91.00 Sell short 1 contract of December 2019 Coffee at 100.00 If filled, place protective stops for December 2019 Coffee at 102.75

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	14,623 *
Current Open Trade Equity	2,955 *
YTD Net Profit/Loss	17,578
Total Ending Balance	57,578
Previous Day's Performance	
Beginning Balance	57,880
Daily Realized Profit/Loss	0
Change in Open Trade Equity	(304)
Daily Net Profit/Loss	(304)
Ending Balance	57,576 *

	2,955.32		0.00
YTD		YTD	
Actual			
	43.9%		
PREV DAY		YTD	
ROR			
	-0.52%		

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.