SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 08/15/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FRIDAY 08/16/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			349.3000			Wait for the next signal.
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			100.2000			Wait for the next signal.
ZCZ '19	DECEMBER 2019 CORN	FLAT			3.7100			December 2019 Corn prices are extremely over sold and due for a rally. A December 2019 Corn rally would begin at 3.76 Wait for the next signal.
ZSX '19	NOVEMBER 2019 SOY BEANS	SHORT	1 at 8.90	962.50	8.7075			Place protective stops for November 2019 Soy Beans at 9.06
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.6700			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T- NOTE	LONG	1 at 119.04	312.50	119.140			The P&F swing charts were buyers of 1 contract of the September 2019 5-Year T-Note at 119.04 Place protective stops for the September 2019 5-Year T-Note at 118.23
YGZ '19	DECEMBER 2019 MINI GOLD	LONG	1 at 1508.00	745.88	1531.2000			Place protective stops for the December 2019 Mini Gold at 1510.00
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.295	1489.60	11.6300			Place protective stops for October 2019 Sugar at 11.91
QMZ '19	DECEMBER 2019 E- MINI CRUDE OIL	FLAT			53.7000			Price support levels for December 2019 Mini Crude Oil is at 51.25 Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT			98.0000			Sell short 1 contract of December 2019 Coffee at 101.00 If filled, place protective stops for December 2019 Coffee at 103.75
2019 Beginni	ng Balance*	40,000		3,510.48			0.00	** If close is too close to call on an "ENTRY" do not take the trade.
YTD Realized Profit/Loss		14,559	*		<u> </u>			** If you are in a trade and the exit is too close to call, Exit the trade
Current Open Trade Equity		3,510	*	YTD		YTD		especially if the trade would result in holding a losing position overnight.
	YTD Net Profit/Loss			Actual				
Total Ending Balance 58,069 If the price objective is surpassed, exit contract Previous Day's Performance						If the price objective is surpassed, exit contract on the close.		
							* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)	
Daily Realized Profit/Loss		0		PREV DAY		YTD		
Change in Open Trade Equity		739		ROR				Maintain a bank reserve of \$30,000.
Daily Net Pro		739 58.067	*	1.29%				Annualized returns do not consider money market returns on bank balances.
Ending Balan		58,067	*	1.29%				Allitualized returns do not consider money market returns on bank balances.

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