

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 08/01/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FRIDAY 08/02/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			363.4000			The upside price target for November 2019 Lumber is at 386.00 Price support levels for November 2019 Lumber is at 342.00 Wait for the next signal.
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			103.8500			Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	FLAT	1 at 4.34		4.0250	4.0250	1575.00	The down side price target for December 2019 Corn at 4.04 has been reached. The P & F swing charts exited December 2019 Corn on the close of trading at 4.0250 Wait for the next signal.
ZSX '19	NOVEMBER 2019 SOY BEANS	FLAT			8.6525			The P & F swing charts down side price target for November 2019 Soy Beans is at 8.45 Sell short 1 contract of November 2019 Soy Beans at 8.97 If filled, place protective stops for November 2019 Soy Beans at 9.11
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.6525			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	LONG	1 at 117.16	890.62	118.125			Place protective stops for the September 2019 5-Year T-Note at 117.23
YGZ '19	DECEMBER 2019 MINI GOLD	FLAT			1432.4000			Wait for the next signal.
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.295	392.00	12.1200			Place protective stops for October 2019 Sugar at 12.28
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT	1 at 56.00		53.9500	54.5000	-750.00	The P & F swing charts were buyers of 1 contract of December 2019 Mini Crude Oil at 56.00 but was stopped out of the December 2019 E-Mini Crude Oil at 54.50 Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT			100.8000			December 2019 Coffee has formed a 3-column swing lower case h to the down side at 103.00 The down side price target is at 96.00 Sell short 1 contract of December 2019 Coffee at 106.00 If filled, place protective stops for December 2019 Coffee at 107.75

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	13,834 *
Current Open Trade Equity	1,283 *
YTD Net Profit/Loss	15,117
Total Ending Balance	55,117
Previous Day's Performance	
Beginning Balance	54,451
Daily Realized Profit/Loss	825
Change in Open Trade Equity	(161)
Daily Net Profit/Loss	664
Ending Balance	55,115 *

1,282.62			825.00
YTD		YTD	
Actual			
37.8%			
PREV DAY		YTD	
ROR			
1.22%			

** If close is too close to call on an "ENTRY" do not take the trade.
 ** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.
 If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.
 Annualized returns do not consider money market returns on bank balances.