

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/31/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS THURSDAY 08/01/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			344.4000			The P & F swing charts missed buying 1 contract of November 2019 Lumber at 336.00 by \$110.00 November 2019 Lumber must remain above 338.00 wait for the next signal.
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			106.1500			Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	SHORT	1 at 4.34	1200.00	4.1000			The down side price target for December 2019 Corn is at 4.04 Place protective stops for December 2019 Corn at 4.21
ZSX '19	NOVEMBER 2019 SOY BEANS	FLAT			8.8150			The P & F swing charts down side price target for November 2019 Soy Beans is at 8.45 Sell short 1 contract of November 2019 Soy Beans at 8.97 If filled, place protective stops for November 2019 Soy Beans at 9.11
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.6375			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	LONG	1 at 117.16	53.12	117.177			The P & F swing charts were buyers of 1 contract of the September 2019 5-Year T-Note at 117.16 Place protective stops for the September 2019 5-Year T-Note at 117.07
YGZ '19	DECEMBER 2019 MINI GOLD	FLAT	2 at 1424.50		1437.8000	1428.0000	232.40	The P & F swing charts was stopped out of December 2019 Mini Gold at 1428.00 Wait for the next signal.
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.295	190.40	12.2100			Place protective stops for October 2019 Sugar at 12.28
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			58.5000			Buy 1 contract of December 2019 Mini Crude Oil at 56.00 If filled, place protective stops for December 2019 E-Mini Crude Oil at 54.50
KCZ '19	DECEMBER 2019 COFFEE	FLAT			103.3000			December 2019 Coffee has formed a 3-column swing lower case h to the down side at 103.00 The down side price target is at 96.00 Sell short 1 contract of December 2019 Coffee at 106.00 If filled, place protective stops for December 2019 Coffee at 107.75

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	13,009 *
Current Open Trade Equity	1,444 *
YTD Net Profit/Loss	14,453
Total Ending Balance	54,453
<b>Previous Day's Performance</b>	
Beginning Balance	54,899
Daily Realized Profit/Loss	232
Change in Open Trade Equity	(680)
Daily Net Profit/Loss	(448)
Ending Balance	54,451 *

	1,443.52		232.40
YTD		YTD	
Actual			
	36.1%		
PREV DAY		YTD	
ROR			
	-0.82%		

\*\* If close is too close to call on an "ENTRY" do not take the trade.  
 \*\* If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.  
 If the price objective is surpassed, exit contract on the close.

\* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.  
 Annualized returns do not consider money market returns on bank balances.