

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/30/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS WEDNESDAY 07/31/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			347.3000			Buy 1 contract of November 2019 Lumber at 336.00 If filled, place protective stops for November 2019 Lumber at 328.00
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			105.1000			Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	SHORT	1 at 4.34	650.00	4.2100			The down side price target for December 2019 Corn is at 4.04 Place protective stops for December 2019 Corn at 4.31
ZSX '19	NOVEMBER 2019 SOY BEANS	FLAT	1 at 9.05		8.9675	8.9200	-650.00	The P & F swing charts was stopped out of November 2019 Soy Beans at 8.92 Wait for the next signal.
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.6375			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	FLAT			117.197			Buy 1 contract of the September 2019 5-Year T-Note at 117.16 If filled, place protective stops for the September 2019 5-Year T-Note at 117.07
YGZ '19	DECEMBER 2019 MINI GOLD	LONG	2 at 1424.50	1148.72	1441.8000			Place protective stops for December 2019 Mini Gold at 1428.00
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.295	324.80	12.1500			Place protective stops for October 2019 Sugar at 12.51
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			58.0000			Buy 1 contract of December 2019 Mini Crude Oil at 56.00 If filled, place protective stops for December 2019 E-Mini Crude Oil at 54.50
KCZ '19	DECEMBER 2019 COFFEE	FLAT			103.1000			December 2019 Coffee has formed a 3-column swing lower case h to the down side at 103.00 The down side price target is at 96.00 Sell short 1 contract of December 2019 Coffee at 106.00 If filled, place protective stops for December 2019 Coffee at 107.75

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	12,777 *
Current Open Trade Equity	2,124 *
YTD Net Profit/Loss	14,901
Total Ending Balance	54,901
<b>Previous Day's Performance</b>	
Beginning Balance	54,826
Daily Realized Profit/Loss	(650)
Change in Open Trade Equity	723
Daily Net Profit/Loss	73
Ending Balance	54,899 *

2,123.52		
-650.00		
YTD		YTD
Actual		
37.3%		
PREV DAY		YTD
ROR		
0.13%		

\*\* If close is too close to call on an "ENTRY" do not take the trade.

\*\* If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

\* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.