

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/29/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR TUESDAY 07/30/2019
ZNU '19	SEPTEMBER 2019 10-YEAR T-NOTE	SHORT	1 at 127.12	156.25	127.1450			Place protective stops for the September 2019 10-Year T-Note at 127.21
ZBU '19	SEPTEMBER 2019 30-YEAR T-BOND	FLAT			154.2500			Wait for the next signal.
DXU '19	SEPTEMBER 2019 DOLLAR INDEX	FLAT			97.7960			Buy 1 contract of the September 2019 Dollar Index at 97.60 If filled, place protective stops for the September 2019 Dollar Index at 97.19
CCZ '19	DECEMBER 2019 COCOA	FLAT			2434.0000			Wait for the next signal.
QGV '19	OCT. 2019 E-MINI NATURAL GAS	FLAT	1 at 2.4000		2.1400	2.1400	-650.00	The P & F swing charts was stopped out of the October 2019 E-Mini Natural Gas at 2.1400 Wait for the next signal.
YIZ '19	DECEMBER 2019 MINI SILVER	FLAT			16.569			Buy 1 contract of December 2019 Mini Silver at 16.30 If filled, place protective stops for the December 2019 Mini Silver at 15.99
6AU '19	SEPTEMBER 2019 AUSTRALIAN DOLLAR	FLAT			0.6913			Wait for the next signal.
E7U '19	SEPTEMBER 2019 E-Mini EURO FX	FLAT			1.1190			Wait for the next signal.
ZWZ '19	DECEMBER 2019 WHEAT	FLAT			5.0850			Wait for the next signal.
CTZ '19	DECEMBER 2019 COTTON	FLAT			64.2100			Wait for the next signal.

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	(1,622) *
Current Open Trade Equity	156 *
YTD Net Profit/Loss	(1,466)
Total Ending Balance	38,534
Previous Day's Performance	
Beginning Balance	38,625
Daily Realized Profit/Loss	(650)
Change in Open Trade Equity	562
Daily Net Profit/Loss	(88)
Ending Balance	38,537 *

	156.25	(650.00)
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YTD		
Actual		
	-3.7%	

PREV DAY		YTD
ROR		
	-0.23%	

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.