

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/24/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR THURSDAY 07/25/2019
ZNU '19	SEPTEMBER 2019 10-YEAR T-NOTE	SHORT	1 at 127.12	-187.50	127.1800			Place protective stops for the September 2019 10-Year T-Note at 127.29
ZBU '19	SEPTEMBER 2019 30-YEAR T-BOND	FLAT			154.2900			Wait for the next signal.
DXU '19	SEPTEMBER 2019 DOLLAR INDEX	FLAT			97.4520			Wait for the next signal.
CCZ '19	DECEMBER 2019 COCOA	FLAT			2512.0000			Wait for the next signal.
QGV '19	OCT. 2019 E-MINI NATURAL GAS	LONG	1 at 2.4000	-437.50	2.2250			Place protective stops for October 2019 E-Mini Natural Gas at 2.1400
YIZ '19	DECEMBER 2019 MINI SILVER	FLAT			16.750			Buy 1 contract of December 2019 Mini Silver at 16.30 If filled, place protective stops for the December 2019 Mini Silver at 15.99
6AU '19	SEPTEMBER 2019 AUSTRALIAN DOLLAR	FLAT			0.6987			Wait for the next signal.
E7U '19	SEPTEMBER 2019 E-Mini EURO FX	FLAT			1.1184			Sell short 1 contract of the September 2019 E-Mini Euro FX at 1.1260 If filled, place protective stops for the September 2019 E-Mini Euro FX at 1.1361
ZWZ '19	DECEMBER 2019 WHEAT	FLAT			5.0675			Sell short 1 contract of December 2019 Wheat at 5.16 If filled, place protective stops for December 2019 Wheat at 5.28
CTZ '19	DECEMBER 2019 COTTON	FLAT	1 at 63.80		64.3200	64.4100	-305.00	The P & F swing charts was stopped out of December 2019 Cotton at 64.41 Wait for the next signal.

2019 Beginning Balance*	40,000							
YTD Realized Profit/Loss	(972)	*						
Current Open Trade Equity	(625)	*						
YTD Net Profit/Loss	(1,597)							
Total Ending Balance	38,403							
Previous Day's Performance								
Beginning Balance	39,137							
Daily Realized Profit/Loss	(305)							
Change in Open Trade Equity	(426)							
Daily Net Profit/Loss	(731)							
Ending Balance	38,406	*						

YTD		
Actual		
-4.0%		

PREV DAY		YTD
ROR		
-1.87%		

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.