

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/24/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR THURSDAY 07/25/2019
LBX '19	NOVEMBER 2019 LUMBER	SHORT	1 at 343.00	77.00	342.7000			The P & F swing charts were short sellers of 1 contract of November 2019 Lumber at 343.00 Place protective stops for November 2019 Lumber at 351.50
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			106.8500			Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	SHORT	1 at 4.34	162.50	4.3075			The P & F swing charts were short sellers of 1 contract of December 2019 Corn at 4.34 Place protective stops for December 2019 Corn at 4.41
ZSX '19	NOVEMBER 2019 SOY BEANS	LONG	1 at 9.05	162.50	9.0825			Place protective stops for the November 2019 Soy Beans at 8.92
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.6575			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	FLAT			117.242			Wait for the next signal.
YGZ '19	DECEMBER 2019 MINI GOLD	LONG	2 at 1424.50	796.80	1436.5000			Place protective stops for December 2019 Mini Gold at 1415.00
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.295	526.40	12.0600			Place protective stops for October 2019 Sugar at 12.51
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			56.0500			Price support levels for December 2019 Mini Crude Oil is at 55.50 Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT			104.7000			Sell short 1 contract of December 2019 Coffee at 109.00 If filled, place protective stops for December 2019 Coffee at 112.25

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	14,362 *
Current Open Trade Equity	1,725 *
YTD Net Profit/Loss	16,087
Total Ending Balance	56,087
Previous Day's Performance	
Beginning Balance	55,667
Daily Realized Profit/Loss	0
Change in Open Trade Equity	418
Daily Net Profit/Loss	418
Ending Balance	56,085 *

1,725.20		
0.00		
YTD		YTD
Actual		
40.2%		
PREV DAY		YTD
ROR		
0.75%		

** If close is too close to call on an "ENTRY" do not take the trade.
 ** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.
 If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.
 Annualized returns do not consider money market returns on bank balances.