

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/23/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR WEDNESDAY 07/24/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			332.3000			November 2019 Lumber has broken price support levels at 338.00 The next down side price support low is at 302.00 Sell short 1 contract of November 2019 Lumber at 343.00 If filled, place protective stops for November 2019 Lumber at 351.50
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			104.7500			Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	FLAT			4.3150			The next down side price target for December 2019 Corn is at 4.14 Sell short 1 contract of December 2019 Corn at 4.34 If filled, place protective stops for December 2019 Corn at 4.41
ZSX '19	NOVEMBER 2019 SOY BEANS	LONG	1 at 9.05	-62.50	9.0375			Place protective stops for the November 2019 Soy Beans at 8.92
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.6625			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	FLAT			117.230			Wait for the next signal.
YGZ '19	DECEMBER 2019 MINI GOLD	LONG	2 at 1424.50	664.00	1434.5000			The P & F swing charts were buyers of an additional contract of December 2019 Mini Gold at 1434.00 for a 2 contract average price for December 2019 Mini Gold at 1424.50 Place protective stops for December 2019 Mini Gold at
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.295	705.60	11.9800			The P & F swing charts were short sellers of an additional contract of October 2019 Sugar at 11.90 for a 2 contract average price for October 2019 Sugar at 12.295 Place protective stops for October 2019 Sugar at 12.51
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			56.8500			Price support levels for December 2019 Mini Crude Oil is at 55.50 Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT			106.1500			December 2019 Coffee has broken a 6-column swing holding pattern to the down side at 111.00 The down side price target for December 2019 Coffee is at 94.00 Sell short 1 contract of December 2019 Coffee at 110.00 If filled, place protective stops for December 2019 Coffee at 113.25

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	14,362 *
Current Open Trade Equity	1,307 *
YTD Net Profit/Loss	15,669
Total Ending Balance	55,669
Previous Day's Performance	
Beginning Balance	56,483
Daily Realized Profit/Loss	0
Change in Open Trade Equity	(816)
Daily Net Profit/Loss	(816)
Ending Balance	55,667 *

1,307.10		
0.00		
YTD		YTD
Actual		
39.2%		
PREV DAY		YTD
ROR		
-1.44%		

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.