

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/19/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR MONDAY 07/22/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			353.3000			November 2019 Lumber has held the 324.00 price level, gapping higher on the opening at 348.00 Price support for Novenlumber 2019 Lumber is now at 338.00 Wait for the next signal.
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			106.8000			Wait for the next signal.
ZCX '19	DECEMBER 2019 CORN	FLAT			4.3575			Wait for the next signal.
ZSX '19	NOVEMBER 2019 SOY BEANS	FLAT			9.1925			Buy 1 contract of November 2019 Soy Beans at 9.05 If filled, place protective stops for the November 2019 Soy Beans at 8.89.00
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.7225			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T-NOTE	FLAT			117.260			The P & F swing charts was stopped out of the September 2019 5-Year T-Note at 117.28 Wait for the next signal.
YGY '19	DECEMBER 2019 MINI GOLD	LONG	1 at 1415.00	856.56	1439.4000			Buy an additional contract of December 2019 Mini Gold at 1434.00 If filled, place protective stops for December 2019 Mini Gold at 1415.00
SBV '19	OCTOBER 2019 SUGAR	SHORT	1 at 12.69	1232.00	11.5900			October 2019 Sugar has broken a 6-column swing holding pattern to the down side at 12.30 The down side price target for October 2019 Sugar is at 10.70 Sell short an additional contract of October 2019 Sugar at 12.30 if filled, place protective stops for October 2019 Sugar at 12.51
QNZ '19	DECEMBER 2019 E-MINI CRUDE OIL	FLAT			55.8250			Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT			111.1500			Wait for the next signal.

2019 Beginning Balance	40,000
YTD Realized Profit/Loss	14,362 *
Current Open Trade Equity	2,089 *
YTD Net Profit/Loss	16,451
Total Ending Balance	56,451
Previous Day's Performance	
Beginning Balance	56,493
Daily Realized Profit/Loss	0
Change in Open Trade Equity	(44)
Daily Net Profit/Loss	(44)
Ending Balance	56,449 *

2,088.56 0.00

YTD		YTD
Actual		
	41.1%	

PREV DAY		YTD
ROR		
	-0.08%	

** If close is too close to call on an "ENTRY" do not take the trade.
 ** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.
 If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.
 Annualized returns do not consider money market returns on bank balances.

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