

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/09/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR WEDNESDAY 07/10/2019
ZNU '19	SEPTEMBER 2019 10-YEAR T-NOTE	FLAT	1 at 127.24		127.0950	127.0700	-531.25	The P & F swing charts was stopped out of the September 2019 10-Year T-Note at 127.07 Wait for the next signal.
ZBU '19	SEPTEMBER 2019 30-YEAR T-BOND	FLAT			155.0300			Wait for the next signal.
DXU '19	SEPTEMBER 2019 DOLLAR INDEX	SHORT	1 at 96.80	-295.00	97.0950			Place protective stops for the September 2019 Dollar Index at 97.21
CCZ '19	DECEMBER 2019 COCOA	FLAT			2554.0000			December Cocoa has broken out of a 6-column swing holding pattern to the upside at 2520.00 the upside price target is at 2860.00 Buy 1 contract of December Cocoa at 2520.00 If filled, place protective stops for December Cocoa at 2449.00
QGV '19	OCT. 2019 E-MINI NATURAL GAS	FLAT			2.4550			Buy 1 contract of the October 2019 E-Mini Natural Gas at 2.2800 If filled, place protective stops for the October 2019 E-Mini Natural Gas at 2.1400
YIZ '19	DECEMBER 2019 MINI SILVER	FLAT			15.264			Wait for the next signal.
6AU '19	SEPTEMBER 2019 AUSTRALIAN DOLLAR	FLAT	1 at 0.6980		0.6944	0.6949	-310.00	The P & F swing charts was stopped out of the September 2019 Australian Dollar at 0.6949 Wait for the next signal.
E7U '19	SEPTEMBER 2019 E-Mini EURO FX	FLAT			1.1270			Wait for the next signal.
ZWZ '19	DECEMBER 2019 WHEAT	FLAT			5.1550			Wait for the next signal.
CTZ '19	DECEMBER 2019 COTTON	FLAT			63.2800			December 2019 Cotton has broken a 6-column swing holding pattern to the down side at 66.40 The down side price target for December 2019 Cotton is at 59.60 Sell short 1 contract of December 2019 Cotton at 66.00 If filled, place protective stops at 67.00

2019 Beginning Balance*	40,000							
YTD Realized Profit/Loss	253							
Current Open Trade Equity	(295)							
YTD Net Profit/Loss	(42)							
Total Ending Balance	39,958							
Previous Day's Performance								
Beginning Balance	40,732							
Daily Realized Profit/Loss	(841)							
Change in Open Trade Equity	69							
Daily Net Profit/Loss	(772)							
Ending Balance	39,960							

YTD		
Actual		
	-0.1%	

PREV DAY		YTD
ROR		
	-1.90%	

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.