SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/08/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR TUESDAY 07/09/2019
LBX '19	NOVEMBER 2019 LUMBER	FLAT			373.3000			November 2019 Lumber has broken a 3-column swing lower case h to the down side at 376.00 The down side price target is at 362.00 Sell short 1 contract of November 2019 Lumber at 378.00 If filled, place protective stops for November Lumber at 385.25
OJX '19	NOVEMBER 2019 ORANGE JUICE	FLAT			107.7500			November 2019 Orange Juice is in a 6-column swing holding pattern. A close above 110.00 would confirm an upside break out. Price support levels are at 104.00 Wait for the next signal.
ZCZ '19	DECEMBER 2019 CORN	FLAT			4.4375			Wait for the next signal.
ZSN '19	JULY 2019 SOY BEANS	FLAT	1 at 9.05		4.9775	9.0175	162.50	The P&F swing charts was stopped out of July 2019 Soy Beans on the openinng at 9.0175 Wait for the next signal.
ZOZ '19	DECEMBER 2019 OATS	FLAT			2.7925			Wait for the next signal.
ZFU '19	SEPTEMBER 2019 5-YEAR T- NOTE	FLAT			117.215			Wait for the next signal.
YGZ '19	DECEMBER 2019 MINI GOLD	LONG	1 at 1415.00	-92.96	1412.2000			Place protective stops for December 2019 Mini Gold at 1399.00
SBV '19	OCTOBER 2019 SUGAR	SHORT	1 at 12.69	268.80	12.4500			Place protective stops for October 2019 Sugar at 13.01
QMZ '19	DECEMBER 2019 E- MINI CRUDE OIL	FLAT			57.5100			Wait for the next signal.
KCZ '19	DECEMBER 2019 COFFEE	FLAT	1 at 114.50		110.2000	112.4900	-753.75	The P & F swing charts was stopped out of 1 contract of December 2019 Coffee at 112.49 Wait for the next signal.
2019 Beginni	ing Balance*	40,000		175.84			-591.25	** If close is too close to call on an "ENTRY" do not take the trade.
	YTD Realized Profit/Loss		*		l			** If you are in a trade and the exit is too close to call, Exit the trade
Current Open Trade Equity		15,693 176	*	YTD		YTD		especially if the trade would result in holding a losing position overnight.
YTD Net Profit/Loss		15,869		Actual				
Total Ending	Balance	55,869		39.7%				If the price objective is surpassed, exit contract on the close.
Previous Day's Performance								
Beginning Ba		58,306					1	* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)
Daily Realized Profit/Loss Change in Open Trade Equity		(591) (1,847)		PREV DAY ROR		YTD		Maintain a bank reserve of \$30,000.
	Daily Net Profit/Loss			-4.18%				Annualized returns do not consider money market returns on bank balances.
Ending Balan		(2,438) 55,868	*					

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