

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 05/21/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR WEDNESDAY 05/22/2019
LBN '19	JULY 2019 LUMBER	FLAT			317.9000			Buy 1 contract of July 2019 Lumber at 313.00 if filled, place protective stops for July 2019 Lumber at 306.50
OJN '19	JULY 2019 ORANGE JUICE	FLAT			98.0000			Wait for the next signal.
ZCN '19	JULY 2019 CORN	FLAT			3.9425			Wait for the next signal.
ZSN '19	JULY 2019 SOYBEANS	FLAT			8.2200			Wait for the next signal.
ZOU '19	SEPTEMBER 2019 OATS	FLAT			2.9225			Wait for the next signal.
ZFM '19	JUNE 2019 5-YEAR T-NOTE	FLAT	1 at 115.20		115.255	115.240	125.00	The P & F swing charts was stopped out of June 2019 5-Year T-Notes at 115.24 Wait for the nextt signal.
YGZ '19	DECEMBER 2019 MINI GOLD	FLAT			1290.4000			Wait for the next signal.
SBV '19	OCTOBER 2019 SUGAR	SHORT	2 at 12.70	1187.20	12.1700			The P & F swing charts were short sellers of an additional contract of October 2019 Sugar at 12.20 for a 2 contract average price of 12.70 Place protective stops for October 2019 Sugar at 12.51
QMZ '19	DECEMBER 2019 E- MINI CRUDE OIL	FLAT			62.6250			Wait for the next signal.
KCN '19	JULY 2019 COFFEE	FLAT			92.9000			Wait for the next signal.

2019 Beginning Balance*	40,000
YTD Realized Profit/Loss	8,401 *
Current Open Trade Equity	1,187 *
YTD Net Profit/Loss	9,588
Total Ending Balance	49,588
Previous Day's Performance	
Beginning Balance	49,894
Daily Realized Profit/Loss	125
Change in Open Trade Equity	(431)
Daily Net Profit/Loss	(306)
Ending Balance	49,588 *

1,187.20		
125.00		
YTD		YTD
Actual		
24.0%		
PREV DAY		YTD
ROR		
-0.61%		

** If close is too close to call on an "ENTRY" do not take the trade.
 ** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.
 If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.
 Annualized returns do not consider money market returns on bank balances.

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