

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 03/29/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR MONDAY 04/01/2019
LBN '19	JULY 2019 LUMBER	SHORT	1 at 374.00	1144.00	363.6000			Place protective stops for July 2019 lumber at 377.25
OJN '19	JULY 2019 ORANGE JUICE	FLAT			121.0000			Wait for the next signal.
ZCN '19	JULY 2019 CORN	FLAT			3.6625			Wait for the next signal.
ZSN '19	JULY 2019 SOYBEANS	FLAT			8.9775			Over head resistance for July 2019 Soy Beans is at 9.15 Wait for the next signal.
OK '19	MAY 2019 OATS	FLAT			2.6900			Wait for the next signal.
ZFM '19	JUNE 2019 5-YEAR T-NOTE	FLAT	2 at 115.14		115.265	115.240	625.00	The P & F swing charts was stopped out of the June 2019 5-Year T-Note at 115.24 Wait for the next signal.
YGM '19	JUNE 2019 MINI GOLD	FLAT			1298.5000			Wait for the next signal.
SBV '19	OCTOBER 2019 SUGAR	SHORT	1 at 13.20	280.00	12.9500			Place protective stops for October 2019 Sugar at 13.51
QMM '19	JUNE 2019 E-MINI CRUDE OIL	FLAT			60.2800			The June 2019 E-Mini Crude Oil contract has formed a 3-column swing reverse h to the upside at 60.50 The upside price target is at 64.00 Buy 1 contract of the June 2019 E-Mini Crude Oil at 59.50 If filled, place protective stops for the June 2019 E-Mini Crude Oil at 58.50
KCN '19	JULY 2019 COFFEE	FLAT			97.0500			July 2019 Coffee has broken a 4-column swing holding pattern to the down side at 99.00 The down side price target for July 2019 Coffee is at 88.00 Sell short 1 contract of July 2019 Coffee at 99.75 If filled, place protective stops for July 2019 Coffee at 101.25

2019 Beginning Balance	40,000
YTD Realized Profit/Loss	2,256 *
Current Open Trade Equity	1,424 *
YTD Net Profit/Loss	3,680
Total Ending Balance	43,680
Previous Day's Performance	
Beginning Balance	44,404
Daily Realized Profit/Loss	625
Change in Open Trade Equity	(1,349)
Daily Net Profit/Loss	(724)
Ending Balance	43,680 *

1,424.00	625.00
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YTD	YTD
Actual	
9.2%	

PREV DAY	YTD
ROR	
-1.63%	

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.