

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 03/20/2019	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR THURSDAY 03/21/2019
LBN '19	JULY 2019 LUMBER	FLAT	1 at 397.00		382.0000	382.0000	-1650.00	The P & F swing charts was stopped out of July 2019 Lumber at 382.00 Wait for the next signal.
OJN '19	JULY 2019 ORANGE JUICE	FLAT			130.4000			Buy 1 contract of July 2019 Orange Juice at 126.00 If filled, place protective stops at 122.75
ZCN '19	JULY 2019 CORN	SHORT	1 at 3.82	50.00	3.8100			Place protective stops for July 2019 Corn at 3.88
ZSN '19	JULY 2019 SOYBEANS	SHORT	1 at 9.25	275.00	9.1950			Place protective stops for July 2019 Soy Beans at 9.41
OK '19	MAY 2019 OATS	FLAT			2.7450			The May 2019 Oat price support level is at 2.64 Wait for the next signal.
ZFM '19	JUNE 2019 5-YEAR T-NOTE	LONG	1 at 114.28	490.62	115.117			The June 2019 5-Year T-Note has broken out of a 4-column swing holding pattern to the upside at 115.00 The next upside price target is at 115.22 Buy an additional contract of the June 2019 5-Year T-Note at 115.02 If filled, Place protective stops for the June 2019 5-Year T-Note at 114.22
YGM '19	JUNE 2019 MINI GOLD	LONG	1 at 1300.00	258.96	1307.8000			Place protective stops for the June 2019 Mini Gold at 1292.00
SBV '19	OCTOBER 2019 SUGAR	FLAT			13.3000			Wait for the next signal.
QMM '19	JUNE 2019 E-MINI CRUDE OIL	FLAT			60.4750			The upside price target for the June 2019 E-Mini Crude Oil contract is at 63.50 Buy 1 contract of the June 2019 E-Mini Crude Oil at 56.50 If filled, place protective stops for the June 2019 E-Mini Crude Oil at 55.50
KCN '19	JULY 2019 COFFEE	FLAT			97.4500			Sell short 1 contract of July 2019 Coffee at 101.75 If filled, place protective stops for July 2019 Coffee at 104.25

2019 Beginning Balance	40,000
YTD Realized Profit/Loss	1,880 *
Current Open Trade Equity	1,075 *
YTD Net Profit/Loss	2,955
Total Ending Balance	42,955
Previous Day's Performance	
Beginning Balance	43,468
Daily Realized Profit/Loss	(1,650)
Change in Open Trade Equity	1,137
Daily Net Profit/Loss	(513)
Ending Balance	42,955 *

1,074.58 -1,650.00

YTD	YTD
Actual	
7.4%	

PREV DAY	YTD
ROR	
-1.18%	

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$40,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.