SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 11/28/2018	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR THURSDAY 11/29/2018
LBH '19	MARCH 2019 LUMBER	FLAT			346.4000			MARCH 2019 LUMBER PRICES BROKE SHARPLY TO THE DOWN SIDE. THE DOWN SIDE PRICE TARGET IS AT 316.00 WAIT FOR THE NEXT SIGNAL.
OJH '19	MARCH 2019 ORANGE JUICE	FLAT			139.6500			PRICE SUPPORT LEVELS FOR MARCH 2019 ORANGE JUICE IS AT 135.00 WAIT FOR THE NEXT SIGNAL.
ZCN '19	JULY 2019 CORN	FLAT			3.8700			FIRST NOTICE DAY APPROACHES. THE P&F SWING CHARTS HAS MOVED DECEMBER 2018 CORN TICKER SYMBOL ZCY '18 TO THE JULY 2019 DELIVERY CONTRACT, TICKER SYMBOL ZCN '19 WAIT FOR THE NEXT SIGNAL.
ZSH '19	MARCH 2019 SOYBEANS	SHORT	1 at 8.90	-712.50	9.0425			PLACE PROTECTIVE STOPS FOR MARCH 2019 SOY BEANS AT 9.11
OK '19	MAY 2019 OATS	FLAT			2.9800			FIRST NOTICE DAY APPROACHES. THE P & F SWING CHARTS HAS MOVED DECEMBER 2018 OATS TICKER SYMBOL OZ '18 TO THE MAY 2019 DELIVERY CONTRACT, TICKER SYMBOL OK '19 WAIT FOR THE NEXT SIGNAL.
ZFZ '18	DECEMBER 2018 5-YEAR T- NOTE	LONG	1 at 112.24	209.37	112.307			PLACE PROTECTIVE STOPS FOR DECEMBER 2018 5-YEAR T-NOTE AT 112.18
YGZ '18	DECEMBER 2018 MINI GOLD	SHORT	1 at 1214.00	-318.72	1223.60			PLACE PROTECTIVE STOPS FOR DECEMBER 2018 MINI GOLD AT 1231.00
SBH '19	MARCH 2019 SUGAR	SHORT	2 at 12.95	246.40	12.8400			PLACE PROTECTIVE STOPS FOR MARCH 2019 SUGAR AT 13.41
QMM '19	JUNE 2019 MINI CRUDE OIL	FLAT			51.1500			WAIT FOR THE NEXT SIGNAL.
KCN '19	JULY 2019 COFFEE	FLAT			119.3500			FIRST NOTICE DAY APPROACHES. THE P & F SWING CHARTS HAS MOVED DECEMBER 2018 COFFEE TICKER SYMBOL KCZ '18 TO THE JULY DELIVERY CONTRACT, TICKER SYMBOL KCN '19 WAIT FOR THE NEXT SIGNAL.
2018 Beginni	ng Balance*	20,000		-575.45			0.00	** If close is too close to call on an "ENTRY" do not take the trade.
YTD Realized Profit/Loss		(7,554)	*					** If you are in a trade and the exit is too close to call, Exit the trade
Current Open Trade Equity		(575)	*	YTD		YTD		especially if the trade would result in holding a losing position overnight.
YTD Net Profit/Loss		(8,129)		Actual	_			
Total Ending Balance 11,87				-40.6%				If the price objective is surpassed, exit contract on the close.
	us Day's Perform							
	Beginning Balance 13,973			DDEV D		VTD		* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)
Daily Realized Profit/Loss Change in Open Trade Equity		(2,099)		PREV DAY ROR		YTD		Maintain a bank reserve of \$30,000.
Daily Net Profit/Loss		(2,099)		-15.03%				Annualized returns do not consider money market returns on bank balances.
Ending Balan		11,874	*				1	· · · · · · · · · · · · · · · · · · ·