SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 08/19/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR MONDAY 08/22/2016
ZNU '16	SEPT. 2016 10-YEAR T-NOTE	FLAT			131.3050			THE SEPTEMBER 10-YEAR T-NOTE HAS FORMED A 3-COLUMN SWING LOWER CASE h TO THE DOWN SIDE AT 131.28 THE DOWN SIDE PRICE TARGET IS 131.00 SELL SHORT 1 CONTRACT OF THE SEPTEMBER 10-YEAR T-NOTE AT 132.12 IF FILLED, PLACE PROTECTIVE STOPS AT 133.00
ZBU '16	SEPT. 2016 30-YEAR T-BOND	FLAT			171.0300			OVER HEAD RESISTANCE FOR THE SEPTEMBER 30-YEAR T-BOND IS AT 171.24 WAIT FOR THE NEXT SIGNAL.
DXU '16	SEPT. 2016 DOLLAR INDEX	SHORT	1 at 94.60	115.00	94.4850			THE P&F SWING CHARTS WERE SHORT SELLERS OF 1 CONTRACT OF THE SEPTEMBER DOLLAR INDEX AT 94.60 PLACE PROTECTIVE STOPS AT 95.21
CCZ '16	DECEMBER 2016 COCOA	LONG	1 at 2970	1290.00	3099.0000			PLACE PROTECTIVE STOPS FOR DECEMBER COCOA AT 3069
QGV '16	OCTOBER 2016 E-MINI NATURAL GAS	LONG	1 at 2.8200	-500.00	2.6200			PLACE PROTECTIVE STOPS FOR THE OCTOBER E-MINI NATURAL GAS AT 2.5200
YIZ '16	DECEMBER 2016 MINI SILVER	FLAT			19.449			WAIT FOR THE NEXT SIGNAL.
A6Z '16	DECEMBER 2016 AUSTRALIAN DOLLAR	FLAT	1 at 0.7650		0.7597	0.7599	-510.00	THE P&F SWING CHARTS WAS STOPPED OUT OF THE DECEMBER AUSTRALIAN DOLLAR AT 0.7599 WAIT FOR THE NEXT SIGNAL.
E6Z '16	DECEMBER 2016 EURO FX	LONG	1 at 1.1300	1387.50	1.13795			PLACE PROTECTIVE STOPS FOR THE DECEMBER EURO FX CURRENCY AT 1.1345
ZWZ '16	DECEMBER 2016 WHEAT	FLAT			4.4475			WAIT FOR THE NEXT SIGNAL.
CTZ '16	DECEMBER 2016 COTTON	FLAT			68.0300			DECEMBER COTTON HAS BROKEN A 6-COLUMN SWING HOLDING PATTERN TO THE DOWN SIDE AT 68.80 THE DOWN SIDE PRICE TARGET IS 65.40 SELL SHORT 1 CONTRACT OF DECEMBER COTTON AT 69.00 IF FILLED, PLACE PROTECTIVE STOPS FOR DECEMBER COTTON AT 70.21
2015 Beginning Balance*		20,000		2,292.50		-	(510.00)	** If close is too close to call on an "ENTRY" do not take the trade.
YTD Realized Profit/Loss		(296)	*				. 7	** If you are in a trade and the exit is too close to call, Exit the trade
Current Open Trade Equity		2,293	*	YTD		YTD		especially if the trade would result in holding a losing position overnight.
YTD Net Profit/Loss		1,997		Actual				
Total Ending Balance		21,997		10.0%				If the price objective is surpassed, exit contract on the close.
Previe	ous Day's Perform							
	Beginning Balance						I	* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)
Daily Realized Profit/Loss		(510)		PREV DAY		YTD		
Change in Open Trade Equity		(431) (941)		ROR				Maintain a bank reserve of \$30,000.
	Daily Net Profit/Loss Ending Balance		*	<mark>-4.10%</mark>				Annualized returns do not consider money market returns on bank balances.
Ending Balance		21,996	*				-	

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