SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/19/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR WEDNESDAY 07/20/2016
ZNU '16	SEPT. 2016 10-YEAR T-NOTE	SHORT	132.0200	-171.87	132.0750			PLACE PROTECTIVE STOPS FOR THE SEPTEMBER 10-YEAR T-NOTE AT 133.05
ZBU '16	SEPT. 2016 30-YEAR T-BOND	FLAT			172.0700			WAIT FOR THE NEXT SIGNAL.
DXU '16	SEPT. 2016 DOLLAR INDEX	LONG	1 at 96.60	510.00	97.1100			BUY AN ADDITIONAL CONTRACT OF THE SEPTEMBER DOLLAR INDEX AT 96.40 IF FILLED, PLACE PROTECTIVE STOPS FOR THE SEPTEMBER DOLLAR INDEX AT 95.59
CCZ '16	DECEMBER 2016 COCOA	FLAT			2994.0000			WAIT FOR THE NEXT SIGNAL.
QGV '16	OCTOBER 2016 E-MINI NATURAL GAS	FLAT			2.7300			BUY 1 CONTRACT OF THE OCTOBER E-MINI NATURAL GAS AT 2.5800 IF FILLED, PLACE PROTECTIVE STOPS AT 2.2800
YIZ '16	DECEMBER 2016 MINI SILVER	FLAT			20.091			BUY 1 CONTRACT OF DECEMBER MINI SILVER AT 19.800 IF FILLED, PLACE PROTECTIVE STOPS AT 18.99
A6Z '16	DECEMBER 2016 AUSTRALIAN DOLLAR	FLAT	1 at 0.7560		0.7472	0.7498	-620.00	THE P&F SWING CHARTS WAS STOPPED OUT OF THE DECEMBER AUSTRALIAN DOLLAR AT 0.7498 WAIT FOR THE NEXT SIGNAL.
E6Z '16	DECEMBER 2016 EURO FX	FLAT			1.10830			WAIT FOR THE NEXT SIGNAL.
ZWZ '16	DECEMBER 2016 WHEAT	LONG	1 at 4.56	-675.00	4.4250			PLACE PROTECTIVE STOPS FOR DECEMBER WHEAT AT 4.39
CTZ '16	DECEMBER 2016 COTTON	FLAT			73.2700			DECEMBER COTTON HAS BROKEN A 4-COLUMN SWING HOLDING PATTERN TO THE DOWN SIDE AT 73.80 THE DOWN SIDE PRICE TARGET IS 71.00 SELL SHORT 1 CONTRACT OF DECEMBER COTTON AT 73.80 IF FILLED, PLACE PROTECTIVE STOPS AT 74.51
2015 Beginning Balance*		20,000		-336.87			(620.00)	** If close is too close to call on an "ENTRY" do not take the trade.
	YTD Realized Profit/Loss		*		1		(* * * <b>* 7</b> )	** If you are in a trade and the exit is too close to call, Exit the trade
Current Open Trade Equity		4,309 (337)	*	YTD		YTD		especially if the trade would result in holding a losing position overnight.
YTD Net Profit/Loss		3,972		Actual				
Total Ending Balance		23,972		19.9%				If the price objective is surpassed, exit contract on the close.
Previe								
Beginning Balance		24,821					i i	* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)
Daily Realized Profit/Loss		(620)		PREV DAY		YTD		
Change in Open Trade Equity		(248)		ROR				Maintain a bank reserve of \$30,000.
Daily Net Profit/Loss Ending Balance		(868) 23,953	*	-3.50%				Annualized returns do not consider money market returns on bank balances.

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