

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 11/29/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR WEDNESDAY 11/30/2016
ZNH '17	MARCH 2017 10-YEAR T-NOTE	FLAT			125.0400			WAIT FOR THE NEXT SIGNAL.
ZBH '17	MARCH 2017 30-YEAR T-BOND	FLAT			152.2700			THE MARCH 30-YEAR T-BOND CONTRACT HAS BROKEN OUT OF A 3-COLUMN SWING REVERSE h TO THE UP-SIDE AT 152.16 THE UP-SIDE PRICE TARGET IS 154.08 BUY 1 CONTRACT OF THE MARCH 30-YEAR T-BOND AT 152.08 IF FILLED, PLACE PROTECTIVE STOPS AT 151.07
DXH '17	MARCH 2017 DOLLAR INDEX	FLAT			100.9000			THE MARCH DOLLAR INDEX CONTRACT MUST REMAIN ABOVE 100.60 OR PRICES COULD TURN BEARISH. WAIT FOR THE NEXT SIGNAL.
CCN '17	JULY 2017 COCOA	FLAT			2403.0000			FIRST NOTICE DAY APPROACHES, THE P & F SWING CHARTS HAS MOVED FROM THE DECEMBER COCOA DELIVERY CONTRACT, TICKER SYMBOL <u>CCZ</u> '16 TO THE JULY DELIVERY CONTRACT, TICKER SYMBOL <u>CCN</u> '17 WAIT FOR THE NEXT SIGNAL.
QGF '17	JANUARY 2017 E-MINI NATURAL GAS	FLAT	1 at 2.7800		3.3150	3.3500	1425.00	THE P & F SWING CHARTS EXITED THE JANUARY E-MINI NATURAL GAS ON THE OPENING OF TRADING AT 3.35 WAIT FOR THE NEXT SIGNAL.
YIK '17	MAY 2017 MINI SILVER	FLAT			16.750			WAIT FOR THE NEXT SIGNAL.
A6Z '16	DECEMBER 2016 AUSTRALIAN DOLLAR	FLAT			0.7484			WAIT FOR THE NEXT SIGNAL.
E6Z '16	DECEMBER 2016 EURO FX	FLAT			1.06560			WAIT FOR THE NEXT SIGNAL.
ZWN '17	JULY 2017 WHEAT	FLAT			4.3775			WAIT FOR THE NEXT SIGNAL.
CTN '17	JULY 2017 COTTON	FLAT			71.7500			WAIT FOR THE NEXT SIGNAL.

2015 Beginning Balance*	20,000
YTD Realized Profit/Loss	2,524 *
Current Open Trade Equity	0 *
YTD Net Profit/Loss	2,524
Total Ending Balance	22,524
Previous Day's Performance	
Beginning Balance	18,907
Daily Realized Profit/Loss	1,425
Change in Open Trade Equity	(1,425)
Daily Net Profit/Loss	0
Ending Balance	18,907 *

0.00	1,425.00
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YTD	YTD
Actual	
12.6%	

PREV DAY	YTD
ROR	
0.00%	

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.