

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 11/28/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR TUESDAY 11/29/2016
ZNH '17	MARCH 2017 10-YEAR T-NOTE	FLAT	1 at 125.26		125.2300	125.1600	312.50	THE P & F SWING CHARTS WAS STOPPED OUT OF THE DECEMBER 10-YEAR T-NOTE AT 125.16 FIRST NOTICE DAY APPROACHES, THE P & F SWING CHARTS HAS MOVED FROM THE DECEMBER DELIVERY CONTRACT, TICKER SYMBOL <u>ZNZ '16</u> TO THE MARCH DELIVERY CONTRACT, TICKER SYMBOL <u>ZNH '17</u> . WAIT FOR THE NEXT SIGNAL.
ZBH '17	MARCH 2017 30-YEAR T-BOND	FLAT	1 at 153.24		152.1500	153.0800	500.00	THE P & F SWING CHARTS WAS STOPPED OUT OF THE DECEMBER 30-YEAR T-BOND AT 153.08 FIRST NOTICE DAY APPROACHES, THE P & F SWING CHARTS HAS MOVED FROM THE DECEMBER DELIVERY CONTRACT, TICKER SYMBOL <u>ZBZ '16</u> TO THE MARCH DELIVERY CONTRACT, TICKER SYMBOL <u>ZBH '17</u> . WAIT FOR THE NEXT SIGNAL.
DXH '17	MARCH 2017 DOLLAR INDEX	FLAT	1 at 100.80		101.2100	101.1900	390.00	THE P & F SWING CHARTS WAS STOPPED OUT OF THE DECEMBER DOLLAR INDEX AT 101.19 FIRST NOTICE DAY APPROACHES, THE P & F SWING CHARTS HAS MOVED FROM THE DECEMBER DOLLAR INDEX DELIVERY CONTRACT, TICKER SYMBOL <u>DXZ '16</u> TO THE MARCH DELIVERY CONTRACT, TICKER SYMBOL <u>DXH '17</u> . WAIT FOR THE NEXT SIGNAL.
CCZ '16	DECEMBER 2016 COCOA	FLAT			2403.0000			WAIT FOR THE NEXT SIGNAL.
QGF '17	JANUARY 2017 E-MINI NATURAL GAS	LONG	1 at 2.7800	1425.00	3.3500			EXIT THE JANUARY E-MINI NATURAL GAS ON RALLIES OR ON THE CLOSE OF TRADING AND WAIT FOR THE NEXT SIGNAL.
YIK '17	MAY 2017 MINI SILVER	FLAT			16.742			FIRST NOTICE DAY APPROACHES, THE P & F SWING CHARTS HAS MOVED FROM THE DECEMBER MINI SILVER DELIVERY CONTRACT, TICKER SYMBOL <u>YIZ '16</u> TO THE MAY DELIVERY CONTRACT, TICKER SYMBOL <u>YIK '17</u> . WAIT FOR THE NEXT SIGNAL.
A6Z '16	DECEMBER 2016 AUSTRALIAN DOLLAR	FLAT			0.7484			WAIT FOR THE NEXT SIGNAL.
E6Z '16	DECEMBER 2016 EURO FX	FLAT			1.06220			WAIT FOR THE NEXT SIGNAL.
ZWN '17	JULY 2017 WHEAT	FLAT			4.4500			FIRST NOTICE DAY APPROACHES, THE P & F SWING CHARTS HAS MOVED FROM THE DECEMBER WHEAT CONTRACT, TICKER SYMBOL <u>ZWZ '16</u> TO THE JULY CONTRACT, TICKER SYMBOL <u>ZWN '17</u> . WAIT FOR THE NEXT SIGNAL.
CTN '17	JULY 2017 COTTON	FLAT			72.5600			FIRST NOTICE DAY APPROACHES, THE P & F SWING CHARTS HAS MOVED FROM THE DECEMBER COTTON CONTRACT, TICKER SYMBOL <u>CTZ '16</u> TO THE JULY CONTRACT, TICKER SYMBOL <u>CTN '17</u> . WAIT FOR THE NEXT SIGNAL.

2015 Beginning Balance*	20,000	1,425.00	1,202.50
YTD Realized Profit/Loss	1,099		
Current Open Trade Equity	1,425	YTD	YTD
YTD Net Profit/Loss	2,524	Actual	
Total Ending Balance	22,524	12.6%	
<b>Previous Day's Performance</b>			
Beginning Balance	19,621	PREV DAY	YTD
Daily Realized Profit/Loss	1,203	ROR	
Change in Open Trade Equity	(1,917)	-3.64%	
Daily Net Profit/Loss	(715)		
Ending Balance	18,907		

\*\* If close is too close to call on an "ENTRY" do not take the trade.

\*\* If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

\* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.