

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 08/29/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR TUESDAY 08/30/2016
LBF '17	JANUARY 2017 LUMBER	FLAT	1 at 341.00		332.1000	337.2500	-412.50	THE P & F SWING CHARTS WAS STOPPED OUT OF 1 CONTRACT OF JANUARY LUMBER AT 337.25 WAIT FOR THE NEXT SIGNAL.
OJF '17	JANUARY 2017 ORANGE JUICE	FLAT	1 at 184.00		187.4000	187.2500	-487.50	THE P & F SWING CHARTS WAS STOPPED OUT OF 1 CONTRACT OF JANUARY ORANGE JUICE AT 187.25 WAIT FOR THE NEXT SIGNAL.
ZCZ '16	DECEMBER 2016 CORN	SHORT	2 at 3.395	1875.00	3.2075			PLACE PROTECTIVE STOPS FOR DECEMBER CORN AT 3.31
ZSN '17	JANUARY 2017 SOYBEANS	FLAT			9.6675			WAIT FOR THE NEXT SIGNAL.
OZ '16	DECEMBER 2016 OATS	FLAT			1.7900			WAIT FOR THE NEXT SIGNAL.
ZFU '16	SEPT. 2016 5-YEAR T-NOTE	SHORT	2 at 121.10	81.25	121.087			THE P & F SWING CHARTS WERE SHORT SELLERS OF AN ADDITIONAL CONTRACT OF THE SEPTEMBER 5-YEAR T-NOTE AT 121.04 FOR A 2 CONTRACT AVERAGE PRICE OF 121.10 PLACE PROTECTIVE STOPS FOR THE SEPTEMBER 5-YEAR T-NOTE AT 121.18
YGZ '16	DECEMBER 2016 MINI GOLD	FLAT			1327.1000			SELL SHORT 1 CONTRACT OF THE DECEMBER MINI GOLD AT 1340.00 IF FILLED, PLACE PROTECTIVE STOPS AT 1352.00
SBV '16	OCTOBER 2016 SUGAR	LONG	1 at 20.40	302.40	20.6700			PLACE PROTECTIVE STOPS FOR OCTOBER SUGAR AT 19.99
CLZ '16	DECEMBER 2016 CRUDE OIL	FLAT			48.2900			WAIT FOR THE NEXT SIGNAL.
KCZ '16	DECEMBER 2016 COFFEE	FLAT			145.1000			DECEMBER COFFEE IS IN A 4-COLUMN SWING HOLDING PATTERN. A PRICE MOVE ABOVE 148.00 OR BELOW 142.00 WILL SET THE FUTURE DIRECTION FOR THIS MARKET. WAIT FOR THE NEXT SIGNAL.

2015 Beginning Balance*	20,000
YTD Realized Profit/Loss	1,332 *
Current Open Trade Equity	2,259 *
YTD Net Profit/Loss	3,591
Total Ending Balance	23,591
Previous Day's Performance	
Beginning Balance	24,150
Daily Realized Profit/Loss	(900)
Change in Open Trade Equity	340
Daily Net Profit/Loss	(560)
Ending Balance	23,590 *

2,258.65 -900.00

YTD		YTD
Actual		
18.0%		

PREV DAY		YTD
ROR		
-2.32%		

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.