

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/29/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR MONDAY 08/01/2016
ZNU '16	SEPT. 2016 10-YEAR T-NOTE	FLAT			133.0150			BUY 1 CONTRACT OF THE SEPTEMBER 10-YEAR T-NOTE AT 132.24 IF FILLED, PLACE PROTECTIVE STOPS AT 132.00
ZBU '16	SEPT. 2016 30-YEAR T-BOND	LONG	1 at 171.08	3187.50	174.1400			THE NEW UP-SIDE PRICE TARGET FOR THE SEPTEMBER 30-YEAR T-BOND IS AT 176.08 PLACE PROTECTIVE STOPS FOR THE SEPTEMBER 30-YEAR T-BOND AT 173.00
DXU '16	SEPT. 2016 DOLLAR INDEX	FLAT	1 at 96.60		95.5150	95.7900	-810.00	THE P & F SWING CHARTS WAS STOPPED OUT OF THE SEPTEMBER DOLLAR INDEX AT 95.79 WAIT FOR THE NEXT SIGNAL.
CCZ '16	DECEMBER 2016 COCOA	FLAT			2846.0000			WAIT FOR THE NEXT SIGNAL.
QGV '16	OCTOBER 2016 E-MINI NATURAL GAS	FLAT			2.9170			THE NEXT UP-SIDE PRICE TARGET FOR THE E-MINI NATURAL GAS IS AT 3.0200 BUY 1 CONTRACT OF THE OCTOBER E-MINI NATURAL GAS AT 2.8200 IF FILLED, PLACE PROTECTIVE STOPS AT 2.6020
YIZ '16	DECEMBER 2016 MINI SILVER	LONG	1 at 19.80	643.00	20.443			PLACE PROTECTIVE STOPS FOR DECEMBER MINI SILVER AT 19.39
A6Z '16	DECEMBER 2016 AUSTRALIAN DOLLAR	FLAT			0.7571			WAIT FOR THE NEXT SIGNAL.
E6Z '16	DECEMBER 2016 EURO FX	FLAT			1.12460			WAIT FOR THE NEXT SIGNAL.
ZWZ '16	DECEMBER 2016 WHEAT	FLAT			4.3575			WAIT FOR THE NEXT SIGNAL.
CTZ '16	DECEMBER 2016 COTTON	FLAT			74.0400			WAIT FOR THE NEXT SIGNAL.

2015 Beginning Balance*	20,000
YTD Realized Profit/Loss	2,355
Current Open Trade Equity	3,831
YTD Net Profit/Loss	6,186
Total Ending Balance	26,186
Previous Day's Performance	
Beginning Balance	25,862
Daily Realized Profit/Loss	(810)
Change in Open Trade Equity	1,134
Daily Net Profit/Loss	324
Ending Balance	26,186

3,830.50 (810.00)

YTD		YTD
Actual		
30.9%		

PREV DAY		YTD
ROR		
1.25%		

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.

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