SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/28/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR FRIDAY 07/29/2016
LBF '17	JANUARY 2017 LUMBER	FLAT			339.3000			BUY 1 CONTRACT OF JANUARY LUMBER AT 338.00 IF FILLED, PLACE PROTECTIVE STOPS AT 334.00
OJF '17	JANUARY 2017 ORANGE JUICE	FLAT			178.3000			WAIT FOR THE NEXT SIGNAL.
ZCZ '16	DECEMBER 2016 CORN	SHORT	1 at 3.44	262.50	3.3875			THE NEXT DOWN SIDE PRICE TARGET FOR DECEMBER CORN IS AT 3.18 PLACE PROTECTIVE STOPS FOR DECEMBER CORN AT 3.51
ZSN '17	JANUARY 2017 SOYBEANS	FLAT			9.7850			WAIT FOR THE NEXT SIGNAL.
OZ '16	DECEMBER 2016 OATS	FLAT			1.9725			WAIT FOR THE NEXT SIGNAL.
ZFU '16	SEPT. 2016 5-YEAR T-NOTE	FLAT	1 at 121.14		121.225	121.250	-343.75	THE P&F SWING CHARTS WAS STOPPED OUT OF THE SEPTEMBER 5-YEAR T-NOTE AT 121.25 WAIT FOR THE NEXT SIGNAL.
YGZ '16	DECEMBER 2016 MINI GOLD	FLAT			1341.2000			WAIT FOR THE NEXT SIGNAL.
SBV '16	OCTOBER 2016 SUGAR	SHORT	1 at 19.69	996.80	18.8000			OCTOBER SUGAR HAS BROKEN A 3-COLUMN SWING LOWER CASE h TO THE DOWN SIDE AT 19.00 THE DOWN SIDE PRICE TARGET IS 18.30 SELL SHORT AN ADDITIONAL CONTRACT OF OCTOBER SUGAR AT 19.10 IF FILLED, PLACE PROTECTIVE STOPS FOR OCTOBER SUGAR AT 20.01
CLZ '16	DECEMBER 2016 CRUDE OIL	SHORT	1 at 49.00	5690.00	43.3100			THE DOWN SIDE PRICE TARGET FOR DECEMBER CRUDE OIL REMAINS AT 42.50 PLACE PROTECTIVE STOPS FOR DECEMBER CRUDE OIL AT 44.61
KCZ '16	DECEMBER 2016 COFFEE	FLAT			145.3500			WAIT FOR THE NEXT SIGNAL.
2015 Beginn	2015 Beginning Balance*		6,949.30				-343.75	** If close is too close to call on an "ENTRY" do not take the trade.
YTD Realize	d Profit/Loss	(1,431)	*					** If you are in a trade and the exit is too close to call, Exit the trade
Current Open Trade Equity		6,949	*	YTD		YTD		especially if the trade would result in holding a losing position overnight.
YTD Net Profit/Loss		5,519		Actual				
Total Ending Balance		25,519		27.6%				If the price objective is surpassed, exit contract on the close.
Previous Day's Performance								
		24,354					Ī	* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)
Daily Realized Profit/Loss Change in Open Trade Equity		(344)		PREV DAY		YTD		Maintain a hank recent of \$20,000
Daily Net Profit/Loss		1,508 1,165		ROR 4.78%				Maintain a bank reserve of \$30,000. Annualized returns do not consider money market returns on bank balances.
Ending Balance		25,519	*	4.1078			I	Annualized returns do not consider money market returns on bank baldities.

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