

SYMBOL	DESCRIPTION	POSITION END OF Day	ENTRY PRICE	OPEN EQUITY	CLOSING PRICE FOR 07/06/2016	EXIT PRICE	PROFIT/ (LOSS)	SIGNALS FOR THURSDAY 07/07/2016
LBF '17	JANUARY 2017 LUMBER	FLAT			331.0000			THE P & F SWING CHARTS HAS MOVED JULY LUMBER, TICKER SYMBOL <u>LBN '16</u> TO THE JANUARY DELIVERY CONTRACT, TICKER SYMBOL <u>LBF '17</u> WAIT FOR THE NEXT SIGNAL.
OJF '17	JANUARY 2017 ORANGE JUICE	FLAT			179.5500			THE P & F SWING CHARTS HAS MOVED JULY ORANGE JUICE, TICKER SYMBOL <u>OJN '16</u> TO THE JANUARY DELIVERY CONTRACT, TICKER SYMBOL <u>OJF '17</u> WAIT FOR THE NEXT SIGNAL.
ZCZ '16	DECEMBER 2016 CORN	FLAT			3.4825			THE P & F SWING CHARTS HAS MOVED JULY CORN, TICKER SYMBOL <u>ZCN '16</u> TO THE DECEMBER DELIVERY CONTRACT, TICKER SYMBOL <u>ZCZ '16</u> WAIT FOR THE NEXT SIGNAL.
ZSN '17	JANUARY 2017 SOYBEANS	FLAT			10.7200			THE P & F SWING CHARTS HAS MOVED JULY SOY BEANS, TICKER SYMBOL <u>ZSN '16</u> TO THE JANUARY DELIVERY CONTRACT, TICKER SYMBOL <u>ZSF '17</u> WAIT FOR THE NEXT SIGNAL.
OZ '16	DECEMBER 2016 OATS	FLAT			1.9350			THE P & F SWING CHARTS HAS MOVED JULY OATS, TICKER SYMBOL <u>ON '16</u> TO THE DECEMBER DELIVERY CONTRACT, TICKER SYMBOL <u>OZ '16</u> WAIT FOR THE NEXT SIGNAL.
ZFU '16	SEPT. 2016 5-YEAR T-NOTE	LONG	2 at 122.085	168.75	122.112			THE P & F SWING CHARTS WERE BUYERS OF AN ADDITIONAL CONTRACT OF THE SEPTEMBER 5-YEAR T-NOTE AT 122.12 FOR A 2 CONTRACT AVERAGE PRICE OF 122.085 PLACE PROTECTIVE STOPS FOR THE SEPTEMBER 5-YEAR T-NOTE AT 121.23
YGZ '16	DECEMBER 2016 MINI GOLD	FLAT			1374.3000			BUY 1 CONTRACT OF DECEMBER MINI GOLD AT 1340.00 IF FILLED, PLACE PROTECTIVE STOPS AT 1329.00
SBV '16	OCTOBER 2016 SUGAR	FLAT			20.5700			WAIT FOR THE NEXT SIGNAL.
CLZ '16	DECEMBER 2016 CRUDE OIL	FLAT			49.8900			WAIT FOR THE NEXT SIGNAL.
KCZ '16	DECEMBER 2016 COFFEE	FLAT			146.3000			THE P & F SWING CHARTS HAS MOVED JULY COFFEE, TICKER SYMBOL <u>KCN '16</u> TO THE DECEMBER DELIVERY CONTRACT, TICKER SYMBOL <u>KCZ '16</u> WAIT FOR THE NEXT SIGNAL.

2015 Beginning Balance*	20,000
YTD Realized Profit/Loss	2,475 *
Current Open Trade Equity	169 *
YTD Net Profit/Loss	2,644
Total Ending Balance	22,644
Previous Day's Performance	
Beginning Balance	22,803
Daily Realized Profit/Loss	0
Change in Open Trade Equity	(159)
Daily Net Profit/Loss	(159)
Ending Balance	22,644 *

168.75	0.00
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YTD	YTD
Actual	
13.2%	

PREV DAY	YTD
ROR	
-0.70%	

** If close is too close to call on an "ENTRY" do not take the trade.

** If you are in a trade and the exit is too close to call, Exit the trade especially if the trade would result in holding a losing position overnight.

If the price objective is surpassed, exit contract on the close.

* Beginning Balance - The \$20,000.00 Initial Investment (resets annually)

Maintain a bank reserve of \$30,000.

Annualized returns do not consider money market returns on bank balances.